

MAIN BEACH BLENDERS

"MAD SKILLZ PROGRAM"

Main Beach Volleyball Club is proud to offer our "MAD SKILLZ" Blenders program for Spring in Salinas/Monterey. MAD SKILLZ is a comprehensive, 12 week program starting the first Friday in March and ending in May. Please visit our website at <http://www.mbvbc.com/> for all the details.

Blenders

- The Blenders program was established to introduce young athletes to the game of indoor and beach volleyball and teach them the skills needed to explore volleyball as a potential interest in a non-competitive environment.
- This is a no-cut program where the players will receive individual instruction, develop their indoor and beach skills & learn to play in scrimmages later on in the season.

What is included in the Blenders program?

- Fundamentally based instruction from certified Main Beach coaches.
- Once a week, 2 hour practice sessions March through May (12 sessions) to include indoor and beach instruction as well as participation in the Beach to Beach indoor tournament in Santa Barbara (for those that want to participate).
- In house scrimmages to learn the game and have fun learning!
- Main Beach Apparel.

Cost

- The Blenders program costs \$350 for all sessions (\$290 for returning Fall Blenders since you are already registered NCVA). The cost includes coaches, equipment, gym use, t-shirt and all players will be registered with the NCVA (Northern Calif. Volleyball Assoc.) for insurance purposes

How to sign up

- Please visit the Main Beach website <http://www.mbvbc.com/> for sign up instructions. Specific questions can be directed to Bill Cotton 682-0036, bill.cotton@ymail.com

